

SURI VIDYASAGAR COLLEGE

(Govt. Sponsored & Constituent college of the University of Burdwan) SURI, BIRBHUM, PIN – 731101, Ph. No. – 03462-255504 Website: surividyasagarcollege.org.in, e-mail: : <u>surividyasagarcollege1942@gmail.com</u> This Institution is Ragging Free

1. Soft skills: Certificate course on Drama, and Photography.

Report with photograph on programmes related to soft skills

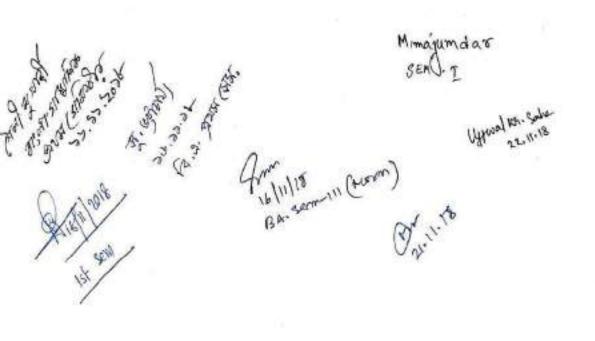
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### <u>Certificate course on Drama</u> <u>Conducted by Suri Vidyasagar College</u> Supervised by Drama Club, Suri Vidyasagar College <u>Duration: 6 (Six) Months</u>

### Syllabus (Course Curriculum): -

1) Introduction-	Definition of Theatre and classification of Theatre,	4 Lectures
	Classical Theatre: Indian/ western aspect	4 Lectures
	concept of Street Drama.	2 Lectures
C) <u>A</u>	concept of Third Theatre and Folk Theatre.	3+3 Lectures
	<ul> <li>[Badal Sarkar] [LETO]</li> </ul>	
D) <u>V</u> a	lue Based Education with Theatre worker.	2 Lectures
E) <u>Me</u>	thed School of Acting.	6 Lectures
F) Ac	tor's Relationship with Set, Light, Music,	
Pro	ps, Costume and Make-up	6 Lectures
G) Lite	rature and Theatre: A general concept	6 Lectures
I.	Bengali: -	
	<ul> <li>Sisir Bhaduri- "Sita"</li> </ul>	
	o Sambhu Mitra- "Rakta Karabi"	
	<ul> <li>Ajitesh Bandhopadhyay- "Sher Afgan</li> </ul>	
	o Utpal Dutta- "Tiner Talowar"	
п.	English: -	
	o Shakespeare-"Macbeth"	
ш.	Sanskrit: -	
	o Kalidas-	
	o "Shudrak",	
	o "Bhasa" In olu	

COURSE CO-ORDINISTO CERTIFICATE COURSE ON DI SURI VIDYASAGAR COLLEGE 3) Practical: -

A) Voice and Speech.

B) Movement and Theatre Games.

C) Imagination and Improvisation.

D) Movements & Mime.

Total 24 Lectures

# 4) Workshop + Drama Presentation 6 days+ 01 day (One Week) 5) Project Work Home Assignment

Each lecture duration one hour

6) Written Examination - Viva-voce

COURSE CONTROLING OF CERTIFICATE COURSE ON DR. ARA SURI VIDYASAGAR COLLEGE



শিক্ষকথীয় নমজেচাতে নটকে অভিনয় করন। শ্রোচা-দর্শকের আসনে, থাকে ছম-ছানির। নাক উপদ্ধপদের পশাদাশি নটক বিষয়ে नेग वात्मात्माठदान्द्रेव वादवावन करतरव अह कट्रमणः अप्रेय-गाउँद्यतः नामानानि ৰমাকট দিন উল্ল মেতে ধাকেন ভাবেল জ্যিনাঁশ নিটেও। গত বহুৰ কলেজে চালু राश्वत्व कॉल्ट्लन् वात-वातीलन, ৰ্ডকশিকা বিষয়ে **টেমানিনি প্ৰচ**াহিচ র্টকের সার্টিকিরেট কৈর্ল। জেলার বেশ হয়েকভন নাটাব্যকিত কলেচেম वास्त्रल को (कारमंत काउ-क्रांतित



নাইপিনার গঠনের বিষয়ে পঠনান করেছেন বলে জনালেন এই কোনের মারিকার পায়েকক বর্থা কলেকের প্রস্থানিক পুশার মন্ত্র। কলেকের কর্তৃক ড. রগন ভূমার পরিছা বেশাসা, নলেকের ভ্রাব এবা, কনা মন্দু ২৬মা নাটাকা পাটিকিকেট কোনের উন্দেশ্যই লে দান্দান। ইউ. জি. দি অনুযোগিত জোপের ঘাবায়ে নাটকেন নতন शक्त राज जिंदा रामत केंद्र वक्तिगठा

करणाव्य द्वारा वरणाव्य केंसारण अवराज वर्षिक किंत्रत चंगुरिक हम २१-२७ নাজমা বলেরের মতিটোরিয়াম। উর্জেন অনুষ্ঠান উপস্থিত ছিলন কলেজের অবাজ त्र, महिहा महं तन्मार्थ जिने नोरावन मुख्तिह होम, विका कुमर मम धेता (मेथित मुखानावाद ७ वाला शिवलां प्रवन प्रयानक छ, मुझिव वाम। और नार्व प्रयम प्रलंब

বিভাগের মাত্র-মার্টদের মারা পরিবেশিত চাৰটি বাইক। দেওলির নির্চাশনা, नीत्रान्त्व सचित्रिक दिन निसंपीये साहafter

হিতীয় দিলে আকৰ্ষণ হিল শিক্ষক, শিক্ষাকর্মীদের পরিয়েশিত প্রতিনাটক কটেরিয়ার পল ও ড. স্টাধর যাস পরিয়লিত পিন্দর পিন্দারুইজে হার শরিবেশিত 'টোর্ঘনন্দ' (রচনা-তগদী শাহিতী। নাক। বলেচের মত দাহীয় ধনল-ভাম রাজে উদ্যোগ ব্যায়জিত এই অন্তান ভাচৰ অনুপ্রাণিত কৰে -5155701

अभिनेशि (म म) - वर माठे प्रयाज पिरधार्थी प्रयापिर - ट्यांविन प्रयापिर - ट्यांविन मा कर्मन व जेन्द्र ही पहान सम्प्राणवास क्रिस्ट व जेन्द्र ही पहान सम्प्राणवास अभिनेत जिंहा फी		ाज ह रिक्रणिज्ञाल इस्म अस १८२० में ह	tuth grunse (service) DEAR PAPA Biston (serfer 15
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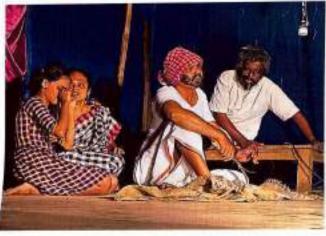




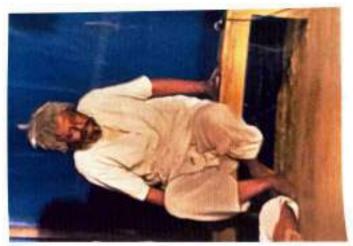


DRAMA CLUB

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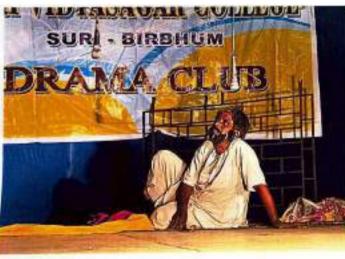




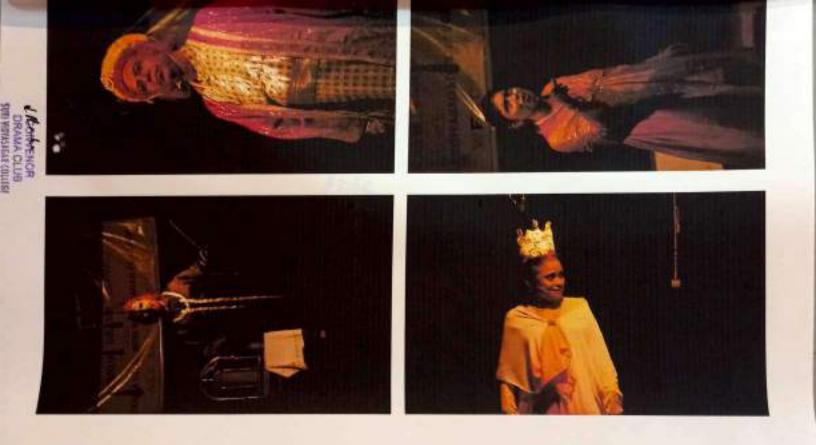


SURI VIDTASAGAR

















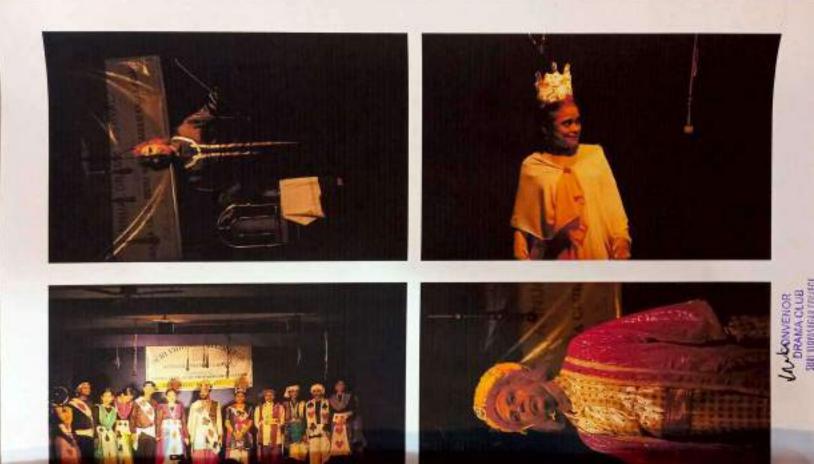














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### Session: 2019-20 (January 2019 to June 2019)

**Course title:** 

**Certificate Course on Drama** 

### **Course Coordinator:**

### Sri. Susanta Raha

Sl. No.	Name of the student	Department	Year/Semester
1	Ramkrishna Das	History	2 <sup>nd</sup> Year
2	Md. Sahil Hossain	B.A. General	3 <sup>rd</sup> Year
3	Nurjahan Khatun	Bengali	3 <sup>rd</sup> Year
4	Jagriti Payitandi	Political Science	Sem-III
5	Aritra Chatterjee	Sanskrit	Sem-III
6	Mohima Ahmed	English	Sem-III
7	Baishakhi Das	Mass Communication & Journalism	Sem-III
8	Dipanwita Mukherjee	Mass Communication & Journalism	Sem-III
9	Trithankar Ball	Political Science	Sem-III
10	Moumi Kar	History	Sem-I
11	Soumyadeep Sen	Mass Communication & Journalism	Sem-III
12	Soumya kanti Acharyaa	B.A. General	Sem-I
13	Rajdeep Patra	B.A. General	Sem-I
14	Subhabrata Acharya	B.A. General	Sem-I

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Principal Suri Vidyasagar College

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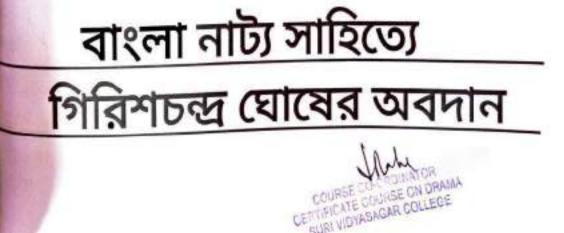
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## SURI VIDYASAGAR COLLEGE

# CERTIFICATE COURSE ON DRAMA

## NAME :- DEBRAJ SAHA COLLEGE ROLL:- 2010158 UNIVERSITY ROLL:- 200131000076 YEAR :- 2023 TITLE:-বাংলা নাট্য সাহিত্যে গিরিশচন্দ্র ঘোষের অবদান

COUNCIL COUNSE ON SECONS CERTIFICATE COUNSE AGAR COLLEGE



### গিরিশচন্দ্র ঘোষ জন্ম:- ২৮ ফেব্রুয়ারি, ১৮৪৪ মৃত্যু :**-** ৮ ফেব্রুয়ারি, ১৯১২)



<u>রাংলা নাট্য সাহিত্যে গিরিশচন্দ্র ঘোষের অবদান ও ভূমিকা</u>

ংলা নাটকের বন্ধন দশা থেকে মুক্ত করে তার অঙ্গ সে যিনি রুন যৌবনের জোয়ার আবাহন ঘটিয়েছিলেন। তিনি হলেন <sub>র</sub> ট্রকার অভিনেতা, নাট্যগুরু, নাট্যপরিচালক, স্থায়ী ঙ্গমঞ্চের পৃষ্ঠপোষক ও অভিনয় শিক্ষক গিরিশচন্দ্র ঘোষ। বাংলা নাটক এ যাবৎ কেবলমাত্র ধ্বনি বিলাস প্রিয় নুষের, ইচ্ছানুক্রমেই মঞ্চস্থ হতো। সাধারণ দর্শকরা সেখানে পাংতেয়। ধ্বনির খেয়াল খুশীতেই নাটকের গতি সচল কতো, কোথাও ধ্বনির গৃহে, প্রবাসান বাড়ীতে কিংবা ভাড়া রা ঘরেই এই নাটকের মর্জিমাফিক অভিনয়ের ফলে এক গ্রণীর সাধারণ মানুষ প্রায় সর্বদাই নাটক সম্পর্কে যে ন্টাতূহল তা দমন করতে বাধ্য হতো। গিরিশচন্দ্র সর্বপ্রথম এই ব্যম্যকে অন্তর দিয়ে অনুভব করে অগ্রণী ভূমিকা নিলে ৷কটা সাধারণ অথচ স্থায়ী রঙ্গমঞ্চের প্রতিষ্ঠা, যেখানে াপামর সাধারণ নারী পুরুষ অভিনয় করা এবং অভিনয় দখার সুযোগ পাবে। তাঁরই পৌরহিত্যে ১৮৭২ সালের টসেম্বর মাসে কলিকাতায় সর্বপ্রথম পেশাদারী রঙ্গমঞ্চ ্যাশানাল থিয়েটারের' প্রতিষ্ঠা হয় এরপর নতুন নতুন নাটক ঞ্চস্থ হওয়ার তাগিদ অনুভব করে তিনি শুরু করেন নাটক চনা, শুরু করেন অভিনেতাদের অভিনয় শিক্ষা দান, মশিক্ষিতা পণ্যরমণীকে অভিনয় শিক্ষা দিয়ে অসামান্যা মভিনেত্রীরূপে জন সমক্ষে এনে হাজির করলেন।গিরিশচন্দ্র যাষ ন্যাশানাল থিয়েটার প্রতিষ্ঠা করে নাট্য জগতে অভূতপূর্ব মালোড়ন সৃষ্টি করলেও বেশীদিন তিনি এখানে স্থায়ী হতে Jahn

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রেনি। সহকর্মীদের সঙ্গে মতানৈক্য হওয়ায় তিনি এখান কে বেরিয়ে নতুন দল গড়ে ছিলেন। যাইহোক, ন্যাশনাল য়েটার প্রতিষ্ঠার পর কয়েকটি অসুবিধার সহজ সমাধান য় গেল। আর ধনী ব্যক্তির লাভে অভিনেতাদের উন্মুখ হয়ে কতে হল না। অভিনেতারা শুরু করলো টিকিট বিক্রী। তার রা সাধারণ দর্শকরাও আকর্ষণ অনুভব করলো এবং কিট বিক্রীর টাকায় নতুন নতুন নাটক মঞ্চস্থ করার মূলধন সংগৃহীত হতে থাকলো। তাছাড়া, অভিনেতাদের মধ্যেকার প্র প্রতিভাগুলি এর সংস্পর্শে এসে উজ্জ্বল হতে থাকলো। রেণা জাগল নতুন নতুন নাট্যকারদের, গিরিশচন্দ্র ঘোষ প্রতিরোধ্য গতিতে সৃষ্টি করতে শুরু করলেন নতুন নতুন টক এর ফলে বাংলা নাট্য জগতে তিনি চিহ্নিত হয়ে গেলেন বতারারূপে।

## রিশচন্দ্র ঘোষের নাটক :

রিশচন্দ্র ঘোষের পূর্ণাঙ্গ নাটকের সংখ্যা প্রায় পঞ্চাশখানা, ছাড়া প্রহসন, পঞ্চরং রূপক রঙ্গব্যঙ্গের নাটক ও অনুরূপ। ই প্রসঙ্গে গিরিশচন্দ্রের সমস্ত নাটকগুলিকে বিশেষ য়েকটি ভাগে বিভক্ত করা যেতে পারে। যেমন—

গীতিকাব্য ও গীতিনাট্য : গিরিশচন্দ্র নাটক রচনায় নোনিবেশ করে সর্বপ্রথম কয়েকটি পৌরাণিক বিষয় নিয়ে তিনাট্য রচনা করেন। (ক) আগমনী (১৮৭৭) (খ) ক্প্রতিমা(?) এগুলি সমস্তই অভিনয়ের দ্বারা দর্শক মাঝে

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লোড়ন তুললেও এর নচেৎ গুণ ও সাহিত্যরস সৃষ্টিতে হত হওয়ায় পরবর্তীকালে এই সকল নাটকের অভিনয় র হয়নি বললেই চলে। আগমনী, অকালবোধ, দোললীলা চুতি রচিত হয়েছিল তাৎক্ষণিক বিষয় অবলম্বনে, ফলে দ্বাপথে একটা দীর্ঘ স্বাক্ষর রাখতে এগুলির দ্বারা কোন চুই সম্ভব ছিল না।

পৌরাণিক ভক্তিরসের নাটক : এই শ্রেণীর কয়েকটি বখযোগ্য নাটক হল (ক) চৈতন্যলীলা (১৮৮৪) (খ) মঙ্গল (১৮৮৮) ইত্যাদি। কেবলমাত্র ভক্তি রসকেই আশ্রয় াই এই পর্বের নাটকগুলি রচিত।

পীরাণিক নাটক: কেবলমাত্র পুরাণ মহাকাব্যকে কেন্দ্র তার কয়েকটি বিশেষ বিশেষ কাহিনীর উপর নাট্যগুণ বাপ করে রচনা করেন পৌরাণিক নাটক, গিরিশচন্দ্রে এই র নাটকের মধ্যে যে সমস্ত নামগুলি সর্বাগ্রে করতে হয় তা ক) অভিমন্যুবধ (১৮৮১) (খ) জনা (১৮৯৪) (গ) পাণ্ডব ব (১৯০০) ইত্যাদি। এই সকল নাটকের নাট্যগুণ এতই ষ্টরূপে প্রস্ফুটিত হয়েছিল, তা পাঠ করতে বিস্ময়ে ভূত হয়ে যেতে হয়, হয়তো গিরিশচন্দ্রের পূর্বে মোহন বসু, রাজকৃষ্ণ প্রমুখ নাট্যকারগণ অনেক ণিক নাটক রচনা করেছিলেন কিন্তু সেগুলি তেমন উন্বে সমৃদ্ধ ছিল না। গিরিশচন্দ্র তার এই সমস্ত নাটকের দিয়ে আমাদের জানিয়েছিলেন – পুরাণের কোন বিষয় র বাস্তব জীবনের সুখ-দুঃখ আশা কামনার সঙ্গে

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কেবারে স্বাভাবিক ভাবেই মিশে যেতে পারে একসূত্র রচনার ণে। এই প্রসঙ্গে তাঁর পৌরাণিক পর্যায়ের সর্বশ্রেষ্ঠ নাটক <sub>রনা</sub>'র প্রধানা নারী চরিত্র 'জনা' পুত্রের মৃত্যুতে মাতৃত্বের ঞ্জীর শোক অথচ বীর নারীর রূপেই বিলাপের ন্যায় যে সমস্ত থাগুলি বলেছেন তা সত্যই গিরিশচন্দ্রের প্রতিভা কোন্ পকাঠিতে মাপা চলে না—

> চল, যথা বাসুকির শ্বাসে দগ্ধ দিক দিগন্তর। চল যথা ঘোর তমোমাঝে খেলেনীল প্রলয় অনল লক লকি বিশ্বগ্রাসী জিহ্বা।

দূরে দূরে – থা তোর নাহি স্থান পুত্র শোকাতুরা। এই সংলাপের মধ্য য়ে তিনি যে ছন্দের সৃষ্টি করেছিলেন তা আজ গৈরিশ ছন্দ মে পরিচিত।

ঐতিহাসিক নাটক: বিংশ শতকের পাদলগ্নে সমগ্র রতবর্ষ যখন দেশীয় ইংরাজ শাসকের অত্যাচারে উত্তাল। নসাধারণ দণ্ডিতের ন্যায় মূহ্যমান, বঙ্গভঙ্গের মধ্যে তখন বি সাহিত্যিক নাট্যকারের বিরুদ্ধে বিপ্লবীদের মতো প্রতিবাদ করে পারেননি। গিরিশচন্দ্রও পৌরাণিক রাজ্যের কল্পমরু গৎ থেকে অবতীর্ণ করে তো স্থান নিলেন রাজনৈতিক ও দেশিকতার অঙ্গনে। এই প্রেক্ষাপটে তিনি কয়েকটি তিহাসিক বিষয় নিয়ে রচনা করলেন স্বদেশ প্রেমের নাটক।

ERTIFICATE COURSE ON DRAMA SURI VIDYASAGAR COLLEGE মেন–(ক) সিরাজদ্দৌলা (১৯০৬), (খ) মীরকাশিম (১৯০৬), () ছত্রপতি শিবাজী (১৯৮৭) (ঘ) অশোক (১৩৯১) (ঙ) ব্লাম (১৯০৪) ইত্যাদি। তবে এই প্রসঙ্গে বলে রাখা ভালো, ব্লিশচন্দ্র ভারত ইতিহাস সম্পর্কে বিশেষ জ্ঞানী হলেও তিহাসিক নাটক রচনায় ইতিহাসকে তেমন অনুসরণ ব্লেছিলেন বলে মনে হয় না। কারণ এর ঘটনা ধারাগুলোকে চরি প্রয়োজনমতো পরিবর্তন ও সংযোজন করেছেন। ফলে চাথাও অনৈতিহাসিকতা, অতি নাটকীয়তা, বাস্তববোধের ব্লোব পরিলক্ষিত হয়েছে। ড. অসিত বন্দ্যোপাধ্যায় এ চঙ্গে মন্তব্য করেছেন তিনি যুগের দাবী মেটাতে গিয়ে ফ্রিহাসিক নাটক লিখেছিলেন। কিন্তু বিশুদ্ধ নাটক রচনার ব্রী মেটাতে পারেননি।

াগার্হস্থ্য সামাজিক নাটক: ভক্তি, পৌরাণিক, ঐতিহাসিক রের দীর্ঘ পথ পরিক্রমায় পর গিরিশচন্দ্র আত্মনিয়োগ দ্বলেন—সামাজিক নাটক, রচনায় যা দৈনন্দিন গার্হস্থ্য দ্বীবনের চিত্র। গিরিশ চন্দ্র বাস্তবজীবন সম্পর্কে এত তীক্ষ্ণ মভিজ্ঞতা সম্পন্ন ছিলেন তার সম্যক পরিচয় মেলে এই পর্বের টক রচনার গুণ দেখে। (ক) প্রফুল্ল (১৮৮৯) (খ) হারানিধি ১৮৯০) (গ) বলিদান (১৯০৫) (ঘ) শাস্তি কি শাস্তি (১৩১৫ দ্বাব্দ) (ঙ) মায়াবসান (১৮৯৮) প্রভৃতি নাটক এই পর্বের ঘর্ষ রচনা এর মধ্যে 'প্রফুল্ল' নাটকে গিরিশা ছন্দের প্রতিভার দ্ব বিকাশ ঘটেছে, আজও প্রায় দর্শকদের মুখে মুখে ফেরে মর প্রধান চরিত্র যোগেনের সেই বিখ্যাত উক্তি "আমার জানো বাগান শুকিয়ে গেল।" যা একান্নবর্তী পরিবারের ধস, বিভাজন, ভাঙন-এর বাহক।

বাঙ্গ নাটিকাঃ গিরিশচন্দ্র কি পরিমাণে রসিক এবং মৃতুকপ্রিয় মানুষ ছিলেন তার সার্থক স্বরূপ ফুটে উঠেছে ধ্র পর্বের রচনায়। যেমন—সপ্তমীতে বিসর্জন, বেল্লিক জার, বড়দিনের বখাশিস, সভ্যতার পাণ্ডা য্যায়সা কি মুসা ইত্যাদি নাটকে কৌতুকের অন্তঃসলিলা রস রন্ধে ক্ল সংস্থাপিত হয়তো হাস্যরসের জন্য অনেক স্থানে ম্বাভাবিক সংলাপ ও চলিত অশ্লীল ভাষার প্রয়োগ ঘটেছে মুও কোথাও অস্বাভাবিকতার দোষে দুষ্ট নয়।

অনুবাদিত নাটক: তিনি মৌলিক রচনার সাথে সাথে বেশ য়েকটি বিদেশী নাটক অবলম্বনে অনুবাদমূলক নাটক রচনা রেছিলেন। যেমন—শেক্সপীয়রের 'ম্যাকবেথ' নাটকটি এই ঙাঙ্গে বিশেষ উল্লেখযোগ্য।

### ট্য সাহিত্যে গিরিশচন্দ্র ঘোষের প্রতিভা ও বৈশিষ্ট্য:

রিশচন্দ্র ঘোষের সুদীর্ঘ নাট্যসম্ভারকে গভীরভাবে অনুধাবন রার পর তার সম্পর্কে যে সমস্ত অনন্য বৈশিষ্ট্য আমাদের দ্ধা আকর্ষণ করে তা হল—

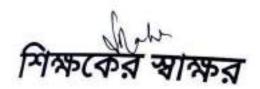
র সময়েই তিনি ছিলেন সর্বশ্রেষ্ঠ নাট্যকার কারণ ৭৯টি টক রচনা করে তিনি প্রমাণ করেছিলেন— তার প্রতিভা গুণ ল আকাশচুম্ভী। নাট্য রচনার সাথে সাথে তিনি ছিলেন কাধারে অভিনেতাও বটে। তার প্রায় সমস্ত নাটকে তিনি মূল

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রে অভিনয় করেছেন। একজনের বলতে গেলে তিনি ট নাট্য নির্দেশকও ছিলেন। কারণ তাঁরই পরিচালনায় সমস্ত নাটকগুলিই মঞ্চস্থ হতো, সর্বোপরি তিনি ছিলেন টা সাধারণ বাঙ্গালায় প্রতিষ্ঠার প্রধান উদ্যোক্তা, যেখানে ক বাংলা নাটক-অভিনয়ের জয়যাত্রা ঘোষিত হয়েছিল।

শেষে বলা যেতে পারে বাংলা থিয়েটারের স্বর্ণযুগ মূলত রই অবদান। ১৮৭২ সালে তিনিই প্রথম বাংলা পেশাদার রাকাম্পানি ন্যাশানাল থিয়েটার প্রতিষ্ঠা করেন। রশচন্দ্র প্রায় চল্লিশটি নাটক রচনা করেছেন এবং তাধিক সংখ্যক নাটক পরিচালনা করেছেন। জীবনের বর্তী ভাগে তিনি রামকৃষ্ণ পরমহংসের এক বিশিষ্ট শিষ্য য়ছিলেন।







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(GOVT. SPONSORED) Estd---9th March, 1942

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### **CERTIFICATE OF MERIT**

This is to certify that Mr/Miss/Ms SUBALICATA ACTAICITA bearing Roll No BSC, 223 of UMT PRYSiolar, Course (Session 2018 - 2019) of Suri Vidyasagar College participated and successfully completed the CERTIFICATE COURSE ON DRAMA organised by Drama Club, Suri Vidyasagar College, On/From JM 19 - Juhe 19

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uti Vidyasadar College



### <u>Report on Seminar on Photography as a successful tool for creating</u> <u>awareness and conservation of Nature: Chapter I, II</u>

The idea of the seminar series originated from the fact that photography in general can create a more intimate bonding with nature and the beauty of nature as depicted in nature photos makes us more aware of the natural environment around us and appreciate our natural habitat.

The first two chapters were conducted as webinar as it was during the COVID lockdown period. The webinar was organized by the IQAC, Suri Vidyasagar College in collaboration with Department of Zoology, Suri Vidyasagar College and IQAC, Sambhu Nath College, Labpur. The first webinar was held on 27.08.2020 from 5:00 PM onwards. Dr. Nisith Chakrovorty, the Principal, Sambhu Nath College and Dr. Tapan Kumar Parichha, Principal, Suri Vidyasagar College gave the Welcome address and opening speech. Mr. Ripan Biswas, renound conservation photographer and the first person from West Bengal to win a wildlife photographer of the year award from Natural History Museum, London acted as the resource person. The webinar was broadcast simultaneously in Google meet and YouTube. More than one hundred attendees watched the webinar. Mr. Biswas through his photographs expressed the urgent need for conservation of the natural habitat around us. He demonstrated the degradation caused by human activity. The interaction session was very lively. Lots of questions addressed to the resource person was discussed and resolved. The vote of thanks was given by the HOD, Department of Zoology. The encouraging participation led us to conduct a second and third chapter of the seminar.

The second chapter was also conducted via webinar mode on 12.09.2020 from 5:00 PM onwards. The second chapter was organized by the IQAC, Suri Vidyasagar College in collaboration with the Department of Zoology, Suri Vidyasagar College and the IQAC, Sambhu Nath College, Labpur. The webinar was broadcast simultaneously in Zoom and YouTube live. The resource person was Mr. Mohan Thomas, an eminent Wildlife and Nature photographer. The opening speech was given by Principal, Sambhu Nath College. Mr. Thomas through his photography demonstrated the beauty of nature and stressed on the need for conservation. The interaction session at the end of the presentation was very immersive. The resource person had to answer various questions on the art of photography and also his experience as a nature and wildlife photographer. There were more than 700 views of the presentation in YouTube. The Zoom platform was attended by around 100 participants. Dr. Tapan Kumar Parichha, Principal, Suri Vidyasagar College gave the vote of thanks.

Ite:pariethe

Principal Suri Vidyasagar College



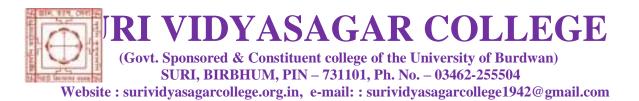




YouTube link: https://youtu.be/LcaSsJldjJl

The pariette

Principal Suri Vidyasagar College



### 1. <u>Report on The Students webinar 'Entrepreneurship in post COVID scenario'</u>

#### **Department of Commerce**

Suri Vidyasagar College,

#### Time: Saturday, August 8, 2020 at 10:00 AM

The Students webinar on Entrepreneurship in post Covid scenario was jointly organized by Department of commerce, IQAC Suri Vidyasagar College in collaboration with Institute of Chartered Accountants of India.

rrogramme			
10.00 am –	Special Address by CA Nitesh More, Chairman, Eastern India Regional		
10.05 am	Council (EIRC) of ICAI		
10.05 am –	Address by Dr.Dil Kumar Pradhan, Teacher-in-Charge, Birpara College.		
10.20 am	Address by Ms Sucharita Mukherjee, Faculty, Vivekananda mission school,		
	Joka,		
	Address by Prof Surya Prakash Das, HOD, Commerce, Suri Vidyasagar		
	College.		
10.20 am –	Address by Prof.VidyanandJha, IIM, Calcutta on 'Entrepreneurship in post		
11.15 am	Covid scenario'		
11.15 am –	CA Hariram Agarwal, Chairman, Career Counselling committee of EIRC of		
11.55 am	ICAI and Ms Susmita Sen, Student Career Counsellor, ICAI on Chartered		
	Accountancy: as a career option (Powerpoint presentation).		
11.55 am –	Vote of thanks by Dr.Tapan Kumar Parichha, Principal, SVC		
12.00 Noon			

Prof.VidyanandJha, IIM, Calcutta delivered a wonderful speech on 'Entrepreneurship in post Covid scenario'; and enlightened us through his knowledge and experiences.

There was also be a brief narration on 'Chartered Accountancy: As a Career Option'. As part of ICAI career counselling initiatives, we held counselling sessions to brief the students about the Chartered Accountancy course and helped students to take the best-suited decision for their future and come out of the dilemma of choosing the best career option. There was a Q&A session which helped the participants to clear their doubt.

More than hundred fifty participants' including students, teachers make the programme a grand success.

#### Programme



8<sup>th</sup> August ,2020 (10:00a.m-12:00 noon)

Registration Link :- https://attendee.potowebinar.com/register/5882201799587485712

#### Organised by

DEPARTMENT OF COMMERCE

In collaboration with IQAC, Suri Vidyasagar college

82

Institute of Chartered Accountants of India

With great pleasure we inform you that Department of Commerce & IQAC of our college is going to organize a atudent's webiner with Institute of Chartered Accountents of India on 8\*August,2020.

Prof. Surya Prakash Das H.O.D.Commerce Dept

(Convenor)

Dr.Soumya Ranjan Bhatlacharyya IQAC Co-ordinator (Joint Convenar) Susmila Sen Student Counsellor(ICAI) (Joint Convenar)

Dr.Tapan Kumar Parichha

Principal



Phone- [+91]03462255504 . 257054 ; e-mail:-surividyasagarcollege1942@gmail.com ; Web:-surividyasagarcollege.org.in



One Day Seminar on "PHOTOGRAPHY AS A SUCCESSFUL TOOL FOR CREATING AWARENESS AND ONSERVATION OF NATURE: CHAPTER- III " and hands-on training on Photography Organized by IQAC, SURI VIDYASAGAR COLLEGE, SURI in collaboration with DEPARTMENT OF MASS COMM. AND JOURNALISM, SURI VIDYASAGAR COLLEGE, SURI in association with Nikon



#### Date: 05.11.2022

Time: 12:00 PM - 03:00 PM

Venue: Seminar Hall, Aurobindo Bhavan, Suri Vidyasagar College, Suri

#### Schedule:

12:00 PM-12:10 PM: Welcome address by Dr. Tapan Kumar Purichha, Principa 12:10 PM- 01:10 PM: Presentation by Mr. Kallol Mukherjee 01:10 PM- 01:40 PM: Interaction Session 01:40 PM- 01:45 PM: Vote of Thanks 01: 50 PM- 03:00 PM: Demonstration and Hands on training on latest camera system by *Nikon* Technical Expert

An exhibition of photographs taken by the students of our college will be held in NR-1. The exhibition will be inaugurated by our dignitaries at 11:30 a.m. hibition will remain open all day.

#### peaker:

## llol Mukherjee



Mr. Kallol Mukherjee is an International award winning photographer and a Nikon Expertive. He specializes in Nature, Travel and Wildlife photography. Through his story telling journey via visual medium he hopes to instill the appreciation of nature around us and an urgent need for conserving our biodiversity.

Patron: Shri. Bikash Roy Choudhury, Hon'ble President, GB, Suri Vidyasagar College Organizing Committee: Hon'ble Members of IQAC and Hon'ble Faculty members of the Dept. of Mass Comm. & Journalism, Suri Vidyanagar College

















# PHOTOGRAPHY SEMINAR

51. N		Designation	Department	Contact
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	Debetreta Sale.	Assistant Purt	Chemisty.	9475669983
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_	Suman Rudra.	Teacher.	MCJH.	8637567190
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	Mohel Montasim	SACT	ARANDIC	8972815346
9	Haradhan Mardi	Assistant Prof.	Computer Science	
	Kolan Mal	Assl. Professor	Phymics	9597997033
11	Abhillt Sen	ASSH "Prof.	Physics	993226641
12	Mamar	ANT PAST	Pol. Science	915300174
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_	Sailee Mucherje	ASSO, Pore, Bonfali	Benjali	9434635565
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	Asin Chaudhur	Associate Profemy		8348024048
7	Pankaj Ray Puspen Roy Biswajid, Raj	Assistant Professor	Chemistry	9679407878
8	Puspen Roy	1.1.1.	Course 1	9918535992
19	Biswaiid, Raj	Assistant PINBEN	Sanskrje	8617618464
20	Sandip Mander	Assi, Professor	Chemistry	9474738867
21	Somnet Choudhury	17	physics	8116497957
	Fight Blattacherry	A. Dr. Pool	chemistry	891020162
23 1	vabanita Rey	SACT	English	9434582040
24 5	Sauran Chalizabart	Asst Prof	English	943439155
25	Jagannath Barman_	Asst- Prof. 0	Pd.Sl	8967181871
26	Subrata Kr. Gupto	Asso. Prot.	Pol. Sc.	7001468887
27	Tanmay Mandel	Assist, Prof.	PlantPootection	94745 3347
28 4	Sonapile Chatting	SACA	Marto Comm	7384758843
29	Binita Karmakan	Student	Mass comm	864984351
30	Eshani Ghosh	Student	Rotany Hons	78110584
31	Sumana mandal	student	Pol. Sci Hon	82505500 81
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	Swapnil Roy	Student	Physics	629548414
	Panalit Mucheslee	Student	Physics.	8918944298
	Rukeona Khatun	Student	Bergali	95649195671
	Appita Paul	Student	Bengali	8250242903
	Trupti Kora	Student	Bengal	3732096023
		student	Bengall	9883255293
20 0	Sabana Khatur		Bengali	7363021232
23	Augel Namde	Student	MCJH	8436845915
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41	The second s	Student	MEJH	988 3966 28
	Khadija Khatun	student.	Bengali	9832101430
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_	Kampunnesha	Student	Bengali	810190619
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46 0	Thuma Rasiak	Student	Bengali	70749720
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PHOTOGRAPHY SEMINER

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Priyanka Grbash	Stadent	Bengali	9832166168
Supanna Bittan	student	Berleau	9339468407
1 Sneetama Roy	student	Bengali	3475667989
2 Dania Bandyapadhyay	Students	MCT	9064792660
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Phitaushu Sala	Student	MEJH	6294031442
	student	Math	9382063780
Arushas Chandra	atudent	MERTH	932106402
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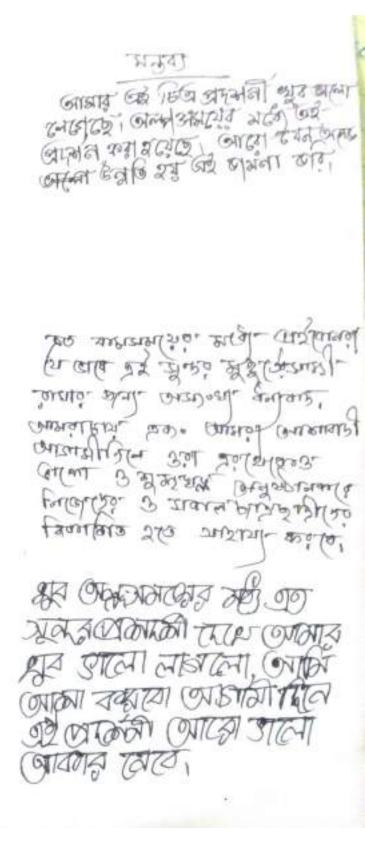
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The University of Burdwan Department of Inspector of Colleges Rajbati, Burdwan-713104 West Bengal



Tel. Nos. +91-0342-2634975 (EPABX) Fax : +91-0342-2639920 E-mail : icburunlv@gmail.com Website : http://www.buruniv.ac.in

No. IC/Add-on Course/957

Date: 13.04.2022

To The Principal, Suri Vidyasagar College, P.O. Suri, Dist. Birbhum,

Sir,

With reference to your letter dated 06.04.2022, I am directed to inform you that the Hon'ble Registrar has been pleased to approve the "Certificate Course on Drama" (Add-on course) of your college.

You may now introduce the above mentioned course in your college.

Yours faithfully,

Inspector of Colleges (Additional Charge), B.U.

COURSE CO-ORDA GERITIFICATE COURSE ON CR. 1.1 SURI VIDYASAGAR COLLECE

VIDYASAGAR COLLEGE (GOVIL SPONSO



SURI, BIRBHUM, 731101. ACCREDITED BY NAAC-B" Affiliated to the University of Burdwan

3. A., B. Sc. & B. Com. (Hons. & General) & M. Sc. in Zoology

No. SVC/167/2023

Date; 29.03,2023

Notice

It is our great pleasure to announce that an add-on course "Certificate Course on Druma" duly approved by the University of Burdwan is going to start on and from May, 2023 under the supervision of Drama Club of the College. This course is only for our registered students who are continuing their studies at Suri Vidyasagar College in different courses. Course duration is six months and Certificate will be provided after successful Completion of the course. Classes will held on week ead i.e. Saturday and Sunday.

Course Pees: Admission Fee: Rs. 15/- and Tuition Fees: Rs. 15/-@month.

Interested students are to apply for the Course within 10<sup>th</sup> April, 2023. Merit List will be published for admission on 15<sup>th</sup> April, 2023. Last Date of Admission 20<sup>th</sup> April,2023. Form for Application to the Course will be available on and from 01.04.2023 on the website surividyasagarcollege.org.in(under Download Menu).

For Further details contact with: Dr. Sristidhar Das (Department of Bengali) and Sri Susanta Raha (Library).



Principal 29/03hor Suri Vidyasagar College Principal, Suri Vidyasagar College

Email:surividyasagarcollege1942@gmail.com

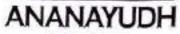
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COURSE CO-OPUIN

CERTIFICATE COURSE ON 11 JA SURI VIDYASAGAR COLLEGE

নাচ্য সংবাদপত্র

A FORTNIGHTLY CULTURAL NEWS PAPER ON THEATRE



Reg. No. 53190/85 P.R.No. WB/BIR-13/RNP/2016-2018 MOBILE 9474632320 / 8159009596 email ananayudh@gmail.com

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CONTREES CERTIFICATE COURSE ON DIC 14

SURI VIDYASAGAR COLLEGE

ANANAYUDH • BENIMADHAB MORE • SURI • BIRBHUM • W.B. • 731101 MOBILE : 9474632320 / 8159009596



This Institution is Ragging Free

#### Session: 2023-24 (July 2023 to December 2023)

**Course title:** 

**Certificate Course on Drama** 

**Course Coordinator:** 

Sri. Susanta Raha

Sl. No.	Name of the student Department		Year/Semester
1	Munmun Maji	Mass Communication & Journalism	Sem-III
2	Krishanu Das	English	Sem-V
3	Debraj Saha	English	Sem-V
4	Arpita Pal	Microbiology	Sem-V
5	Shreya Mondal	Mass Communication & Journalism	Sem-V
6	Suchismita Sarkar	Mass Communication & Journalism	Sem-V
7	Sharmistha Das	Bengali	Sem-V
8	Muskan Khatun	Mass Communication & Journalism	Sem-V
9	Suparna Basak	Mass Communication & Journalism	Sem-V

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Principal Suri Vidyasagar College

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02/12/23 - <u>- - - -</u> 5th Sem. Microbiology Hons. 1. Arpita Pal 3th sem. Mej Uons. 2. Munmun Maja 6 Th Sem 3. Shamistra Das English Hous · 6th ser . English thous 4. Debroj soka 6th Seina English Hors J. Krishan Bos. العرب الروار المراقية Light and Lound -(470/14 93 2/14/23



SURI VIDYASAGAR COLLEGE

(Govt. Sponsored & Constituent college of the University of Burdwan) SURI, BIRBHUM, PIN – 731101, Ph. No. – 03462-255504 Website: surividyasagarcollege.org.in, e-mail: : <u>surividyasagarcollege1942@gmail.com</u> This Institution is Ragging Free

2. Language and communication skills: Communicative English as a curriculum of all enrolled students of semester-II in B.A./B.Sc./B.Com. (Honours and General).

#### Report with photograph on programmes related to Language and communication skills:

ABILITY ENHANCEMENT COURSE (AEC) SEMESTER - I & AECC-1 : Environmental Studies (Syllabus prescribed by department concerned to be followed) SEMESTER - II	
✓ AECC-2 Communicative English: (MCQ Type Questions to be set to test command of	
Vocabulary, Usaga, Collocation, Register, Difference between Formal and Informal speech, between Standard & Colloquial Language. Awareness about Languistic Courtesy. Different types of Salutation, Letter-ending, and the like) Introduction:	
Theory of Communication,	3(L)+1(T)
<ul> <li>Types and modes of Communication</li> </ul>	2000 / 2007 / C
<ol> <li>Language of Communication:</li> </ol>	
<ul> <li>Verbal and Non-verbal (Spoken and Written)</li> </ul>	
<ul> <li>Personal, Social and Business</li> <li>Barriers and Strategies</li> </ul>	6(L)+1(T)
<ul> <li>Darriers and Subregles</li> <li>Intra-personal, Inter-personal and Group</li> </ul>	0(0)71(1)
communication	
2. Speaking Skills:	
<ul> <li>Monologue</li> </ul>	
<ul> <li>Dialogue</li> </ul>	
<ul> <li>Group Discussion</li> </ul>	5(L)+1(T)
<ul> <li>Effective Communication/ Mis- Communication</li> </ul>	11122 121
<ul> <li>Interview</li> </ul>	
Public Speech	
3. Reading and Understanding	
Close Reading     Comprehension	
Comprehension     Summary Paraphrasing	100000000000
Analysis and Interpretation	5(L)+1(T)
<ul> <li>Translation(from Indian language to English and vice- versa)</li> </ul>	
4. Writing Skills	
<ul> <li>Documenting</li> </ul>	
<ul> <li>Report Writing</li> </ul>	
<ul> <li>Making notes</li> </ul>	6(L)+1(T)
<ul> <li>Letter writing</li> </ul>	o(r), i(1)
Recommended Readings	25 Loctures +
<ul> <li>Fluency in English - Part II, Oxford University Press, 2006.</li> </ul>	5 Tutorials =
<ul> <li>Business English, Pearson, 2008.</li> </ul>	30
<ul> <li>Language, Literature and Creativity, Otient Blackswan, 2013.</li> </ul>	150
<ul> <li>Language through Literature (forthcoming) ed. Dr. Gauri Mishra, Dr Ranjana Kaul, Dr. Brati Biswas</li> </ul>	

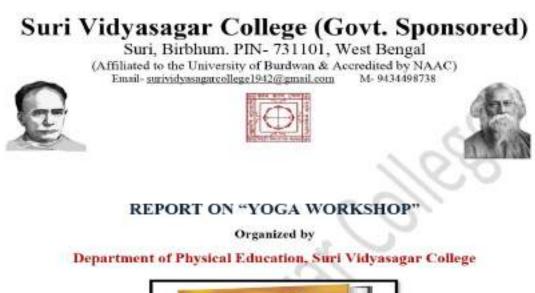


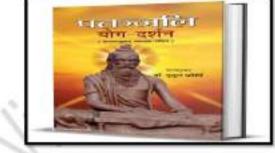
SURI VIDYASAGAR COLLEGE

(Govt. Sponsored & Constituent college of the University of Burdwan) SURI, BIRBHUM, PIN – 731101, Ph. No. – 03462-255504 Website: surividyasagarcollege.org.in, e-mail: : <u>surividyasagarcollege1942@gmail.com</u> This Institution is Ragging Free

3. Life Skills: Yoga training and Workshop, Self-defense training for girls, Health and hygiene related programme organised by the department of NSS, Suri Vidyasagar College.

Report with photograph on programmes related to Life Skills





We have successfully organized workshop in our college campus where sixty eight candidates have performed over it for 7 days of 35 hours including 2 hours theory classes, 2 hours practical elasses and 1 hour teaching ability class followed by Physical Education teacher & yoga expert Bappa Sanguin has organized the entire program by taking theoretical class, Practical class and teaching ability class and not only that as an outcome of this program, we were successful to make them understand the utility of exercise of yoga and succeeded to make them developed the healthy lifestyle habit of practicing daily exercise of yoga to build a healthy and disease free society.

# Suri Vidyasagar College (Govt. Sponsored)

Suri, Birbhum. PIN- 731101, West Bengal (Affiliated to the University of Burdwan & Accredited by NAAC) Email- surividyasagarcollege1942@gmail.com M- 9434498738



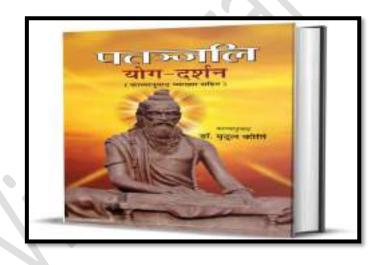




## **REPORT ON "YOGA WORKSHOP"**

Organized by

## **Department of Physical Education, Suri Vidyasagar College**



We have successfully organized workshop in our college campus where sixty eight candidates have performed over it for 7 days of 35 hours including 2 hours theory classes, 2 hours practical classes and 1 hour teaching ability class followed by Physical Education teacher & yoga expert Bappa Sanguin has organized the entire program by taking theoretical class, Practical class and teaching ability class and not only that as an outcome of this program, we were successful to make them understand the utility of exercise of yoga and succeeded to make them developed the healthy lifestyle habit of practicing daily exercise of yoga to build a healthy and disease free society.

To The Principal Suri Vidyasagar College Suri, Birbhum

#### SUBJECT: PERMISSION TAKEN FOR YOGA WORKSHOP.

Respected sir,

As a part of observation of "International Day of Yoga" - 2022, our department is willing to organize a "Yoga workshop" of 7 days for 35 hours for our college students from 26/05/2022 to 02/06/2022. As our Physical Education department is organizing the entire matter, I, Bappa Sanguin being the Physical Education teacher & yoga expert of our respected college, require permission from our respected college Principal to organize the entire program efficiently.

Your extension of help are extremely needed for the success of the program. Please cooperate with us.

Thanking you,

Suri Vidyosegar College Suri Vidyosegar PIN-731101 Suri Birbhum, PIN-731101

Yours faithfully, Mr. Bappa Sanguin Betta Languin 19/05-/2022 Department of Physical Education 19/05-/2022

## PROGRAM SCHEDULE

### WORKSHOP COORDINATOR

Mr. BAPPA SANGUIN (B.P.Ed, M.P.Ed, PGDYT)

Represented "2" time "All India" Inter Universities Yogasan Championship, State & National Level Judge of WBYSA & NYSF, Specialization on yoga (Visva-Bharati), Internship on Yoga- Burdwan University Health Center & SVYASA (Bangalore)

DAY	<b>EVENTS-</b> 7:00 am to 12:00 pm	LINK
DAY- 1 Date- 26/05/22	Speech by Principal Sir, Prof. Tapan Kumar Parichha, Principal,	
	Suri Vidyasagar College	Youtube Link
	Speech & ppt presentation by Chief Guest Dr. Rudranath Chatterjee, Assistant Professor, P.G.G.I.P.E Banipur,North 24 Parganas, West Bengal	Complete Video https://youtu.be/odQeX Qgv8x8
	Paper Presentation by Mr. BAPPA SANGUIN Dept. of Physical Education. TOPIC- Yoga's contribution in Physical Improvement	Only Topic https://youtu.be/tP5j3Xy <u>7nmc</u>
	Meditation for 30 hours	
	Vote of Thanks by Mr.Surya Prakash Das, Assistant Professor Suri Vidyasagar College.	
DAY- 2	✓ PRACTICAL CLASS: 2 HOURS	
Date- 27/05/22	General Exercise, Suryanamaskar, asanas, pranayama & 30 minutes Meditation	https://youtu.be/ CoLA BttEjk
	<ul> <li>THEORY CLASS: 2 HOURS</li> <li>TEACHING PRACTICE: 1 HOURS</li> </ul>	DILLIN
DAY- 3	<ul> <li>PRACTICAL CLASS: 2 HOURS</li> <li>General Exercise, Suryanamaskar, asanas, pranayama &amp; 30 minutes Meditation</li> </ul>	
Date- 28/05/22		https://youtu.be/ZODK9 KkuRqE
	<ul> <li>THEORY CLASS: 2 HOURS</li> <li>TEACHING PRACTICE: 1 HOURS</li> </ul>	
DAY- 4	PRACTICAL CLASS: 2 HOURS	
Date- 30/05/22	General Exercise, Suryanamaskar, asanas, pranayama & 30 minutes Meditation	https://youtu.be/9kl CE
	<ul> <li>THEORY CLASS: 2 HOURS</li> <li>TEACHING PRACTICE: 1 HOURS</li> </ul>	<u>nvX9M</u>
DAY- 5	✓ PRACTICAL CLASS: 2 HOURS	
Date- 31/05/22	General Exercise, Suryanamaskar, asanas, pranayama & 30 minutes Meditation	https://youtu.be/6EqDo
c	<ul> <li>THEORY CLASS: 2 HOURS</li> <li>TEACHING PRACTICE: 1 HOURS</li> </ul>	<u>VyJf1w</u>
DAY- 6	PRACTICAL CLASS: 2 HOURS     Constant Supervise Sup	
Date- 01/06/22	General Exercise, Suryanamaskar, asanas, pranayama & 30 minutes Meditation	https://youtu.be/UB8zm
	<ul> <li>✓ THEORY CLASS: 2 HOURS</li> <li>✓ TEACHING PRACTICE: 1 HOURS</li> </ul>	EkTDHc
DAY-7	✓ PRACTICAL CLASS: 2 HOURS	
Date- 02/06/22	General Exercise, Suryanamaskar, asanas, pranayama & 30 minutes Meditation	https://youtu.be/BUtSGv
	<ul> <li>YOGA COMPETITION : 1 HOURS</li> <li>CERTIFICATE DISTRIBUTION &amp; SPEECH; 2 HOURS</li> </ul>	l_KtA

OUR COMMITTEE						
Patron	Patron: Prof. Tapan Kumar Parichha Principal, Suri Vidyasagar College					
Organizing Committee	Department of Physical Education & Sports, Suri Vidyasagar College					
Yoga Expert & Technical Coordinator	Mr. Bappa Sanguin, Department of Physical Education, Suri Vidyasagar College					
	Prof. Tapan Kumar Parichha, Principal, Suri Vidyasagar College					
	Dr. Koushik Kumar Dutta, In-charge Morning Section					
Advisory Committee	Mr. Aditya Mondal, Department of Physical Education, Suri Vidyasagar College					
Communication	Mr. Bappa Sanguin (M: -9474731393 ),					
	Email- sanguibappa2@gmail.com					

## **ABOUT WORKSHOP**

The aim of this Workshop is to improve the Physical, Mental, Social, Emotional, Spiritual health condition of all people, students & identify the current trends and challenges in Physical Education, & Yoga, based on the current perspective, future trends and challenges will be discussed. There are various factors which are diminishing the interest of students in Yoga activities. Although yoga is being taught as a part of curriculum in all Schools, Colleges and Universities but lack of adequate time, trained Teachers and poor infrastructure are responsible for little interest in this field. The future challenges to make this field interesting involves an adequate curriculum, sufficient funds allotment for holding various competitions and role of technology to create awareness about the importance of yoga activities in our daily life. All these issues will be discussed in this Webinar.

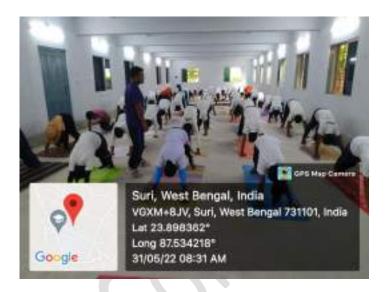
Thank you all

#### **Picture with Google Location**

# বিদ্যাসাগর কলেজের উদ্যোগে যোগ দিবস উপলক্ষে কর্মশালা

নিজন্ম প্রতিনিধি, সিউডি: সিউডি বিদ্যাসাগর কলেন্ডের তন্ধাবধানে শারীরিক শিক্ষা বিভাগ আন্তর্জাতিক যোগ দিবসকে সামনে রেখে শুক্রবার মেকে ১৪ দিন ব্যাপী একটি যোগ বিষয়ক অনুষ্ঠানের সচনা করে। কলেজের অধ্যাপক সহ প্রায় ২০০ জন পড়াযা উদ্ধোধনী অনুষ্ঠানে অংশগ্রহণ করেন। উদ্বোধনী অনুষ্ঠানে বাগ্গা সাঙ্গুই 'যোগ ও মেদবুদ্ধি' বিষয়ের উপর হাইড শোয়ের মাধ্যমে পড়য়াদের সচেতন করেন। জানা গিয়েছে, এই ১৪ দিনের ওয়ার্কশপে সাধারণ মানুষও অংশগ্রহণ করতে পারবেন। প্রথম সপ্তাহ কলেজে হবে। বাকি সাতদিন কলেজের বাইরে। কলেজের অধ্যক্ষ তপনকুমার পারিচ্ছা বলেন, এই ওয়ার্কশপের মাধ্যমে পড়য়ারা স্বাস্থ্য সম্বন্ধে অনেক কিছু জানতে পারবে। যোগের মধ্য দিয়ে শাধীরিক ও মানসিক ভাবে সুস্থ ও সবল হতে ভাবৰে।

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#### **SYLLABUS**

Name of the course:-	YOGA WORKSHOP
Duration:-	7 WEEK 35 HOURS
Eligibility:-	College Students,
Objective:-	Promoting positive health, prevention of diseases & health problem. Development of social values &Personality of students & people.

#### **THEORY:**

#### 1.1 Foundation of Yoga:-

- A. Meaning and definition of the term of yoga, aim, objectives and importance of yoga.
- B. History of yoga.
- C. Indian philosophy and yoga.
- D. Orientation of Patanjali yoga sutra, Astanga yoga.
- E. Hatha yoga.

#### 1.2 <u>Human Biology & yoga therapy.</u>

- A. Meaning and definition of anatomy & physiology.
- B. Musculo –skeletal system.
- C. Blood circulatory system.
- D. Endocrine system.
- E. Digestive system.

#### 1.3 Yogic Diet.

- A. Nutrition- Nutritional requirement for daily living, balance diet. Health disorders due to deficiencies of Vitamins and minerals.
- B. Vegetarian vs non-vegetarian diet.
- C. Rasa virya, vipaka of shali.
- D. Obesity and yogic diet.
- E. Diabetic and yogic diet.

#### 1.4 Yoga and Psychology.

Different psychological problem and yoga therapy.

- A. Mental health and stress management.
- B. Memory intelligence.
- C. Self concept.
- D. Feeling and emotion.
- E. Mental ability and personality.

#### **Practical**

#### 2.1 <u>Asana</u>

A. Standing Position

Ardhachandrasaana Brikshasana Padahastasana

**B.** Sitting Position

Ardhakurmasana Paschimottanasana Gomukhasana

C. Supine Position Setubandhasana

2.2 Pranayama

- A. Kapalbhati.
- B. Bhramri.
- C. Anulam vilom.
- D. Sitali & sitkari.
- E. Suryavedana & chandravedana.

#### 2.4 Learn and demonstrate the technique of Suryanamaskar.

#### 2.5 Meditation Technique & Relaxation technique

- Meditation technique.
- > QRT
- > DRT

#### Disease and yoga

- $\succ$  Obesity.
- Diabetes.
- ➤ Asthama.
- > Postural deformities.
- High blood pressure / Hypertension.

Halasana Matsyasana D. Prone Position Bhujangasana Salvasana Dhanurasana E. Inverted Position Sarbangasana Shirsasna Bhagrasa

#### 2.3 <u>Mudra</u>

- A. Gyan Mudra.
- B. Prana Mudra.
- C. Vayu Mudra.
- D. Surya Mudra.
- E. Dhyana Mudra.

## **PERTICIPANTS NAME & DETAILS**

FULL NAME	FATHERS NAME	SEMESTER	Certificate num	DEPARTMENT
ABHRAJIT DAS	UTPAL DAS	SEM- II	IDY/22/01	PHYSICAL EDUCATION
AKASH MAJI	Manoj maji	SEM- II	IDY/22/02	PHYSICAL EDUCATION
ARPAN ROY CHOWDHURY	ANUPAM ROY CHOWDHURY	SEM- IV	IDY/22/55	PHYSIOLOGY
ATIKA TASNIM	SK ASIF	SEM- II	IDY/22/03	PHYSICAL EDUCATION
AVIJIT PAL	PRASANTA PAL	SEM- II	IDY/22/04	PHYSICAL EDUCATION
AYAN HARI MONDAL	UTPAL HARI MONDAL	SEM- IV	IDY/22/68	PHYSICAL EDUCATION
AYAN MONDAL	SWAPAN MONDAL	SEM- II	IDY/22/77	PHYSICAL EDUCATION
BHARATI GHOSH	RAMA NANDA GHOSH	SEM- II	IDY/22/05	PHYSICAL EDUCATION
BUDDHADEB DAS	KANU DAS	SEM- VI	IDY/22/06	PHYSICAL EDUCATION
CHAITALI MAHARA	RANJIT MAHARA	SEM- IV	IDY/22/67	PHYSICAL EDUCATION
DEV DAS	ASANANDA DAS	SEM- II	IDY/22/07	PHYSICAL EDUCATION
Diya Pal	Kali prasad pal	SEM- VI	IDY/22/08	PHYSICAL EDUCATION
INDIRA HAZRA	MILAN HAZRA	SEM- IV	IDY/22/83	PHYSICAL EDUCATION
JAYANTA MAL	TARAPADA MAL	SEM- IV	IDY/22/09	PHYSICAL EDUCATION
KABITA LOHAR	FONI LOHAR	SEM- VI	IDY/22/10	PHYSICAL EDUCATION
KOUSHIK DUTTA	KENARAM DUTTA	SEM- II	IDY/22/11	PHYSICAL EDUCATION
KOYEL MONDAL	BIPADTARAN MONDAL	SEM- VI	IDY/22/12	PHYSICAL EDUCATION
KRISHANU MAL	CHOTON MAL	SEM- IV	IDY/22/79	PHYSICAL EDUCATION
LAXMI BHANDARI	BIJOY BHANDARI	SEM- IV	IDY/22/82	PHYSICAL EDUCATION
MADHAB PAL	TARUN PAL	SEM- VI	IDY/22/13	PHYSICAL EDUCATION
MAMONI GHOSH	BASUDEB GHOSH	SEM- VI	IDY/22/14	PHYSICAL EDUCATION
MIRZA MUSTAFIJUL HOSSAIN	MIRZA SAIFUDDIN	SEM- VI	IDY/22/15	PHYSICAL EDUCATION
MOU ANKUR	KALICHARAN ANKUR	SEM- II	IDY/22/16	PHYSICAL EDUCATION
MOUMITA DAS	SOMENATH DAS	SEM- II	IDY/22/75	PHYSICAL EDUCATION
MRINMOY MONDAL	Abhijit Mondal	SEM- II	IDY/22/17	PHYSICAL EDUCATION
PRASENJIT MONDAL	GOPAL MONDAL	SEM- II	IDY/22/18	PHYSICAL EDUCATION
PRIYA DAS	PALASH DAS	SEM- II	IDY/22/19	PHYSICAL EDUCATION
PRIYANKA DAS	MONAJ DAS	SEM- VI	IDY/22/20	PHYSICAL EDUCATION
PUSPA GUPTA	PORESH NATH GUPTA	SEM- II	IDY/22/21	PHYSICAL EDUCATION
RAJDEEP BAGDI	JIBAN BAGDI	SEM- IV	IDY/22/80	PHYSICAL EDUCATION
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RIJU GHOSH	SHUKDAB GHOSH	SEM- II	IDY/22/22	PHYSICAL EDUCATION
<b>RIMI DAS</b>	TAPAS DAS	SEM- VI	IDY/22/23	PHYSICAL EDUCATION
RONI SARDAR	BORUN SARDAR	SEM- II	IDY/22/24	PHYSICAL EDUCATION
RUPSUHANA KHATUN	SK INDADUL HAQUE	SEM- IV	IDY/22/25	PHYSICAL EDUCATION
SANCHAYAN PAL	PRANAB KUMAR PAL	SEM- VI	IDY/22/26	PHYSICAL EDUCATION
SANDIP BHANDARI	DEBDAS BHANDARI	SEM- VI	IDY/22/27	PHYSICAL EDUCATION
SASTHI DAS	ARUP DAS	SEM- II	IDY/22/28	PHYSICAL EDUCATION
SAYAN SARKAR	ANUP SARKAR	SEM- II	IDY/22/29	PHYSICAL EDUCATION
SHARMILA DEY	SANJOY DEY	SEM- II	IDY/22/30	PHYSICAL EDUCATION
SHILA MAHARA	PARESH MAHARA	SEM- II	IDY/22/31	PHYSICAL EDUCATION
SHILA PAL	RANAJIT PAL	SEM- II	IDY/22/32	PHYSICAL EDUCATION
SHRABANI MONDAL	SUBODH MONDAL	SEM- IV	IDY/22/33	PHYSICAL EDUCATION
SK MIJANUR RAHAMAN	SK SAJAHAN	SEM- VI	IDY/22/	PHYSICAL EDUCATION
SOURAV MAL	GANGADHAR MAL	SEM- VI	IDY/22/34	PHYSICAL EDUCATION
SUBHAJIT MONDAL	DILIP MONDAL	SEM- IV	IDY/22/81	PHYSICAL EDUCATION
SUBHAM BAURI	DIPAK BAURI	SEM- II	IDY/22/35	PHYSICAL EDUCATION
SUBHANKAR RAJAK	BAKUL RAJAK	SEM- II	IDY/22/36	PHYSICAL EDUCATION
SUDITI ROY	SANDIP KUMAR ROY	SEM- VI	IDY/22/37	PHYSICAL EDUCATION
SUKODI MURMU	LATE- KANCHAN MURMU	SEM- VI	IDY/22/38	PHYSICAL EDUCATION
SWARUP GHOSH	BIMAN GHOSH	SEM- IV	IDY/22/76	PHYSICAL EDUCATION
TAPU GHOSH	MADAN GHOSH	SEM- II	IDY/22/39	PHYSICAL EDUCATION
TORSHA MAL	JYOTIRMOY MAL	SEM- II	IDY/22/40	PHYSICAL EDUCATION
TUHINA KHATUN	SK ISRAIL	SEM- II	IDY/22/41	PHYSICAL EDUCATION
DHATRI MONDAL	BAIDYANATH MONDAL	SEM- II	IDY/22/42	PHYSICAL EDUCATION
KARTIK SAHA	UTTAM SAHA	SEM- II	IDY/22/43	PHYSICAL EDUCATION
UDIP RABI DAS	UJJWAS RABI DAS	SEM- II	IDY/22/44	PHYSICAL EDUCATION
SUDIPA ORANG	MADHUSUDHAN ORANG	SEM- II	IDY/22/45	PHYSICAL EDUCATION
ESHEETA MUKHERJEE	DARIK NATH MUKHERJEE	SEM- II	IDY/22/46	PHYSICAL EDUCATION
ANJAN SIL	NIMAI CHANDRA SIL	SEM- II	IDY/22/47	PHYSICAL EDUCATION
DEEP DAS	BABLU DAS	SEM- II	IDY/22/48	PHYSICAL EDUCATION
DISHA MITRA	PARTHA MITRA	SEM- II	IDY/22/49	PHYSICAL EDUCATION

					NO.
TUDENTS NAME WITH UNIV	ERSITY ROLL REG. NUMBE	R & MOBILE NU	JMBER IN BELLOW		
MD ROBIUL	SABIR KHAN	SEM- II	IDY/22/78	PHYSIC	AL EDUCATION
MONOSANTI LOHAR	DAYAMAY LOHAR	SEM- II	IDY/22/66	PHYSIC	AL EDUCATION
SUBHAJIT HORO	PRADIP KUMAR HORO	SEM- II	IDY/22/54	PHYSIC	AL EDUCATION
SK SAHEBUL	L SK KAJAL		IDY/22/53	PHYSIC	AL EDUCATION
SUCHANA DAS	SATYA GOPAL DAS	SEM- II	IDY/22/52	PHYSIC	AL EDUCATION
POMMY BHAKAT	BIREN BHAKAT	SEM- II	IDY/22/51	PHYSIC	AL EDUCATION
SATHI SAW	BINOD SAW	SEM- II	IDY/22/50	PHYSIC	AL EDUCATION

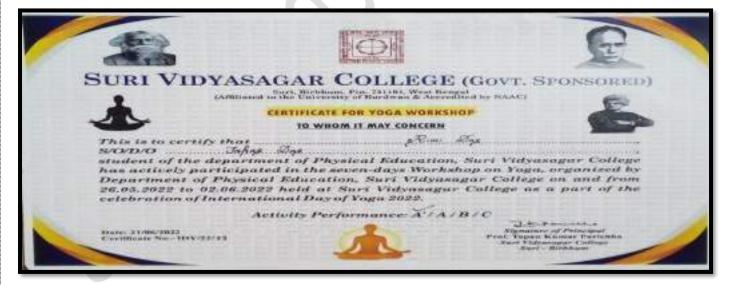
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	jayanta.fp@gmail.com	JAYANTA MAL	200431010252	202001031541	2020-21	9679418854

## **PERTICIPANT CERTIFICATE COPY**



## KABITA LOHAR, UNIVERSITY ROLL: 190431010259



## RIMI DAS, UNIVERSITY ROLL: 190431010547

第日の湯 VIDYASAGAR COLLEGE (GOVT. SI Start Birth Branchessen, Phys. White and Street Branchest CERTIFICATE FOR TOBA WORKS TO WHOM IT MAY CONCERN 24 ent of Physical Education. part of 4 her 26.03.2022 to 02.06.2022 held at Suri ofIntern ational Day of Yoga 2022. Activity Performance: XIAIBIC Date: 21/06/2022 Pertificate No.- 1DV/22/37

## SUDITI ROY, UNIVERSITY ROLL- 190431010828

## **Attendance sheet**

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12	NET SHRAD FORD	Revision Hal	Kirshing Ital	Raldwin Mal	Rainhania Mal	Kalikana Mal	Riveriano Stal	Karthanik Mal
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Thanking you,

#### DEPARTMENT OF PHYSICAL EDUCATION Mr. BAPPA SANGUIN

## NSS ACTIVITIES, 2018-2019

### Swacch Bharat Abhiyan (05.06.2018)

The units of National Service Scheme Suri Vidyasagar College organized a cleanliness drive, aiming to keep the campus clean and green under the country-wide campaign initiated by the Government of India. Sixteen no. of NSS volunteers participated in the programme, armed with brooms, dustpans, and trash bags. The volunteers cleaned some parts of corridors, playground, and surrounding areas, collecting trash and disposing of it properly. They also swept and mopped the floors, leaving the campus sparkling clean.

The event aimed to promote cleanliness, hygiene, and environmental awareness among the students and staff. The NSS volunteers demonstrated their commitment to social responsibility, inspiring others to follow this.

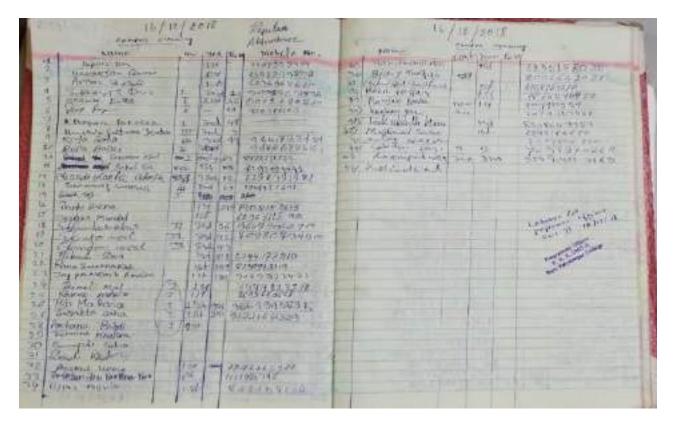


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#### College Campus Cleaning (16.12.2018)

The units of National Service Scheme of Suri Vidyasagar College has taken up college campus cleaning as a regular activity, demonstrating their commitment to maintaining a clean and green environment. Armed with brooms, dustpans, and trash bags, volunteers sweep some parts of corridors, playground, and surrounding areas, and dispose of waste properly.

The regular cleaning activity has not only beautified the campus but also instilled a sense of responsibility and ownership among the students. The NSS volunteers have set a remarkable example, inspiring others to follow it. The college administration appreciated the efforts of the NSS unit, acknowledging their dedication to maintaining a clean and sustainable environment.





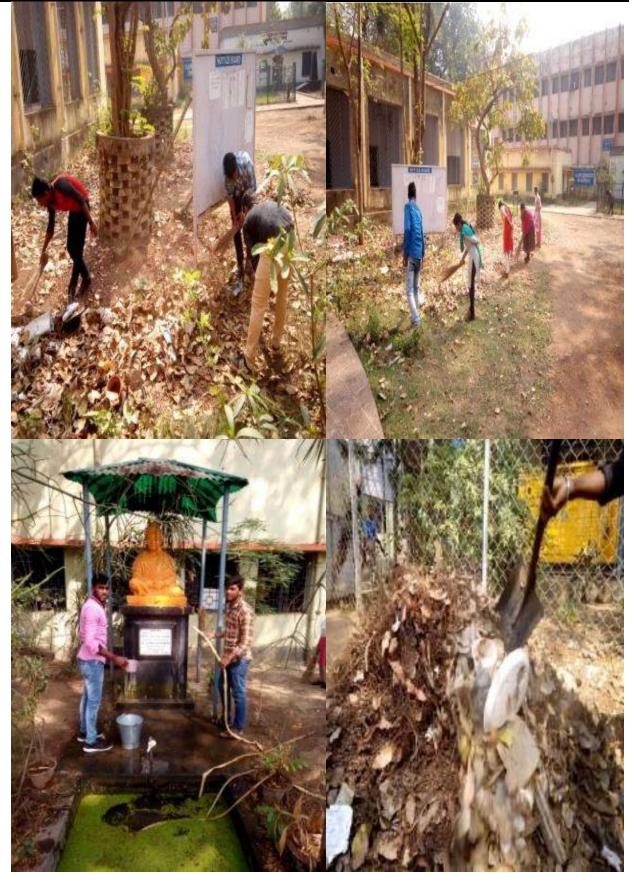


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### College Campus cleaning (10.03.2019)

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#### Awareness Programme on HIV AIDS (26.03.2019)

On 26<sup>th</sup> March, 2019 NSS of Suri Vidyasagar College organized an awareness program on HIV-AIDS, to aware students about the reasons, risks and consequences of the disease. The program aimed to dispel myths and stigmas surrounding HIV-AIDS and promote awareness and prevention. The event featured a series of interactive sessions, including lectures, discussions, and quizzes, conducted by medical experts and counsellors. Students were informed about the causes, symptoms, and treatment options for HIV-AIDS.

The awareness program was well-received by the students, and it helped to create a supportive and inclusive environment, encouraging open discussions and reducing stigma around HIV-AIDS. The event was a step towards promoting healthy habits and responsible behaviour among the youth.





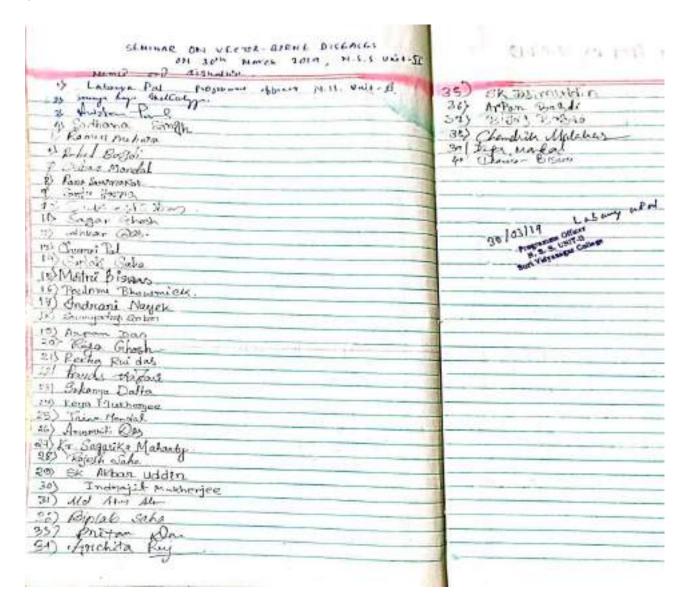
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#### Awareness Programme on vector-borne disease (30.03.2019)

On 30<sup>th</sup> March, 2019, the National Service Scheme of Suri Vidyasagar College organized an awareness program on vector-borne diseases, aiming to educate students and local communities about the risks and prevention of diseases like dengue, chikungunya, malaria etc.

The program began with a lecture by a medical expert, who explained the causes, symptoms, and prevention strategies of vector-borne diseases. The NSS volunteers then conducted a quiz, distributed pamphlets, and displayed posters to reinforce the message.

The program concluded with a interactive session, where students and community members asked questions and shared their concerns.





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### Three Months Karate Training for Girls (January-March, 2019)

The units of National Service Scheme of Suri Vidyasagar College in collaboration with Suri Women Police Station and Karate Academy, organized a three-month karate training program for girl students. The program aimed to empower girls with self-defense skills and boost their confidence.

Twenty no. of girl students enrolled in the program, which consisted of oneclass per week. The training was conducted by experienced karate instructor Mr. Sekhar Chatterjee of Suri Karate Academy.

The program covered various aspects of karate, including basic techniques, self-defense strategies, and physical fitness. The girls showed tremendous enthusiasm and dedication, learning new skills and techniques.

The program culminated with a certificate distribution ceremony, where the girls demonstrated their newly acquired skills. The Principal of Suri Vidyasagar College, police officials of Suri Women Police Station, and karate instructors appreciated the girls' hard work and encouraged them to continue practicing karate.

The program was a resounding success, fostering a sense of empowerment and confidence among the girl students. The NSS units, Suri Women Police Station and Karate Academy planned to continue this initiative, promoting self-defense training for girls in the future.









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Signature of the Riverpal PRINCIPACIONAL SURI VIDYASAGAR COLLEGE

Signature of the Programme Officer

NSS, Unit-I

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NSS, Unit-II

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Programme Officer N. S. S. UNIT-III Suri Vidyasagar College



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### NSS ACTIVITIES, 2019-2020

### Voluntary Blood Donation Camp (17.04.2019)

The units of National Service Scheme of Suri Vidyasagar College organized a voluntary blood donation camp, in collaboration with a local blood bank. The event aimed to promote voluntary blood donation and meet the blood requirements of patients in need.

Over 100 students and faculty members voluntarily registered to donate blood, out of which 75 donations were successfully collected. The blood donation process was carried out by a team of medical professionals, ensuring a safe and hygienic environment for the donors.

The NSS volunteers actively participated in organizing the event, from publicity to coordination, and also donated blood themselves. The camp was inaugurated by the Principal, who appreciated the efforts of the NSS unit and encouraged the donors.

The event was a resounding success, with a significant number of units of blood collected. The blood bank officials expressed their gratitude to the college and the NSS unit for their support. The voluntary blood donation camp fostered a sense of social responsibility and community service among the students and staff.



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#### Campus Cleaning (21.04.2019)

The units of National Service Scheme of Suri Vidyasagar College unit of our college campus organized a orientation class for NSS volunteers to aware them about NSS. And on the same day NSS organized a cleanliness drive, aiming to keep the campus clean and green on 06.08.2019. Twenty five no. of NSS volunteers participated in the event, armed with brooms, dustpans, and trash bags. The volunteers cleaned the corridors, playground, and surrounding areas, collecting trash and disposing of it properly. The event aimed to promote cleanliness, hygiene, and environmental awareness among the students and staff.

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#### Tree Plantation and Presentation Programme (21.08.2019)

On 21<sup>st</sup> August, 2019, the units of National Service Scheme of Suri Vidyasagar College organized a tree plantation and presentation program, aiming to promote environmental awareness and conservation. The event began with a tree plantation drive, where NSS volunteers planted over 10 saplings in the college campus. The students were encouraged to adopt a tree and nurture it throughout the year.

Following the plantation drive, a presentation program was held, where over 40 saplings were give as presentation to different teachers, non-teaching staff and students. Then an expert spoke on the importance of tree plantation, environmental conservation, and sustainable development.

The Principal and faculty members appreciated the efforts of the NSS volunteers, acknowledging their commitment to environmental conservation. The event concluded with a pledge to protect the environment and promote sustainability. The tree plantation and presentation program was a resounding success, inspiring the students to become responsible citizens.

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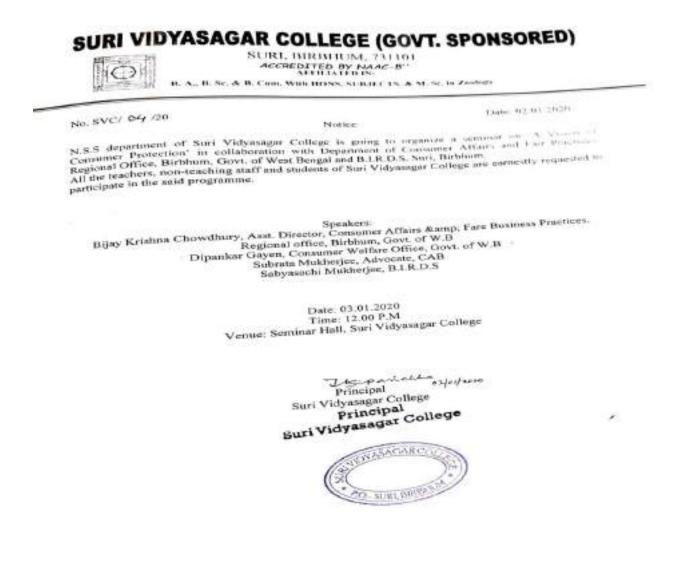


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#### Awareness Programme on Consumer Protection (03.01.2020)

On 3<sup>rd</sup> January, 2020, the National Service Scheme of Suri Vidyasagar College organized an awareness program on consumer protection collaboration with consumer forum, Birbhum and BIRDS, aiming to educate students about their rights and responsibilities as consumers. Over 100 no. of students and teachers participated in this program. The program began with a keynote address by a officer of consumer forum, who highlighted the importance of awareness and vigilance in protecting consumer interests. Students were informed about the Consumer Protection Act, consumer rights, and the procedures for filing complaints.

Interactive sessions were conducted to engage students and encourage them to share their experiences and concerns. The event concluded with a call to action, encouraging students to become informed and responsible consumers, and to spread awareness among their friends and families. The program was a success, empowering students with knowledge and inspiring them to become active advocates for consumer protection.











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### Awareness Programme on Fit India: Cycle Rally (22.01.2020)

On 22<sup>nd</sup> Jnuary, 2020, the units of National Service Scheme of Suri Vidyasagar College organized a Cycle Rally as part of the Fit India movement, aiming to promote physical fitness and a healthy lifestyle among students. The event began with a rally of over 40 students teachers and non-teaching staff cycling from the college campus to six K.M. far away through Suri-Sainthia road, spreading awareness about the importance of regular exercise and physical activity. The participants had cap on their head of Fit India movement. Participants carried and showed posters on their cycle on the awareness of different health issues.

The rally was followed by an awareness program, where a fitness expert of our college spoke about the benefits of cycling and regular exercise, and encouraged students to incorporate physical activity into their daily routine.

The event was a success, promoting a culture of fitness and wellness among the students and the community.



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Ref. NoNo... SY.C. 38/2020...

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#### NOTICE

It is hereby notified that N.S.S. department of Suri Vidyasagar College is going to organize the, 'Cycle Rally' under 'Fit India' at 10:00 A,M. on 22nd January,2020 from Basketball ground of Suri Vidyasagar College .

All teaching and non-teaching stuff and students of Suri Vidyasagar College are earnestly requested to actively participate in the said rally.

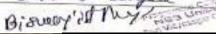
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Yours faithfully. asagar college Principal Suri Vidyasagar College





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### Two Day Awareness Programme on HIV-AIDS (04.03.2020-05.03.2020)

NSS units of Suri Vidyasagar College organized a two day awareness program on HIV-AIDS, to aware students and local people about the reasons, risks and consequences of the disease. The program aimed to dispel myths and stigmas surrounding HIV-AIDS and promote awareness and prevention. The event featured a series of interactive sessions, including lectures, discussions, and quizzes, conducted by medical experts and counsellors. Students were informed about the causes, symptoms, and treatment options for HIV-AIDS. The volunteers organized a rally to spread awareness about HIV-AIDS among the local people. They performed a street drama to make aware them.

The awareness program was well-received by the students, and it helped to create a supportive and inclusive environment, encouraging open discussions and reducing stigma around HIV-AIDS. The event was a step towards promoting healthy habits and responsible behaviour among the youth.



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Suri Vidyasagar College

Suri Birbhum

NOTICE

26.02.2020

No: SVC/97/20/36

It is our pleasure to announce that N.S.S.Deptt. of the college is going to organize a two day programme on HIV-AIDS awareness under the sponsorship of Red Ribbon Club on 04-05 March,2020.

Ribbon Club on 04-05 March,2020. All teaching and non-teaching staff are requested to attend the Programme and all students of Suri Vidyasagar College are instructed to attend the Programme.

Students are also informed that a Quiz competition and a poster (Drawing) Competition will be organized on 04.03.2020. So the interested students should confirm their participation on and before 29.02.2020 for the same.

They are also instructed to form every team with two students for quiz competition. And poster competition will be individual competition . Contact Number –Biswajit Raj (M) 7076928628 Labnaya Pal(M) 9734649447

Programme schedule is attached herewith

Yours faithfully.

Principal. Suri Vidyasagar College Principal

Suri Vidyasagar College

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(Govt. Sponsored & Constituent college of the University of Burdwan) SURI, BIRBHUM, PIN – 731101, Ph. No. – 03462-255504 Website : surividyasagarcollege.org.in, e-mail: : <u>surividyasagarcollege1942@gmail.com</u> This Institution is Ragging Free

### Three month Karate Training for Girls' 2<sup>nd</sup> Phase (Jan-Mar, 2020)

The units of National Service Scheme of Suri Vidyasagar College in collaboration with Suri Women Police Station and Karate Academy, organized 2<sup>nd</sup> phase three-months karate training program for girl students. The program aimed to empower girls with self-defense skills and boost their confidence.

Twenty no. of girl students enrolled in the program, which consisted of one class per week. The training was conducted by experienced karate instructor Mr. Sekhar Chatterjee of Suri Karate Academy.

The program covered various aspects of karate, including basic techniques, self-defense strategies, and physical fitness. The girls showed tremendous enthusiasm and dedication, learning new skills and techniques. The program culminated with a certificate distribution ceremony, where the girls demonstrated their newly acquired skills. The Principal of Suri Vidyasagar College, police officials of Suri Women Police Station, and karate instructors appreciated the girls' hard work and encouraged them to continue practicing karate.

The program was a resounding success, fostering a sense of empowerment and confidence among the girl students. The NSS units, Suri Women Police Station and Karate Academy planned to continue this initiative, promoting self-defense training for girls in the future.

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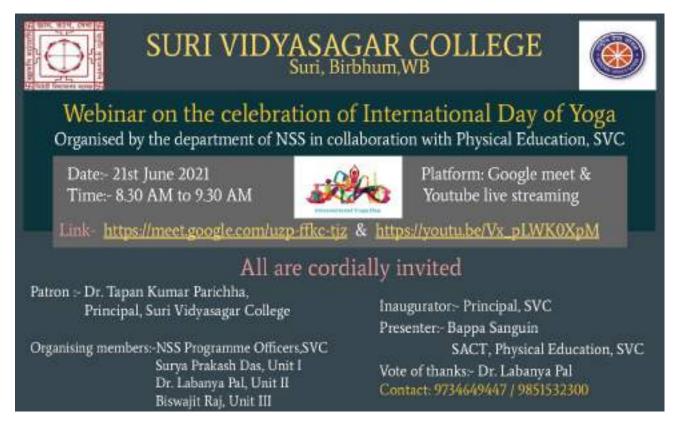
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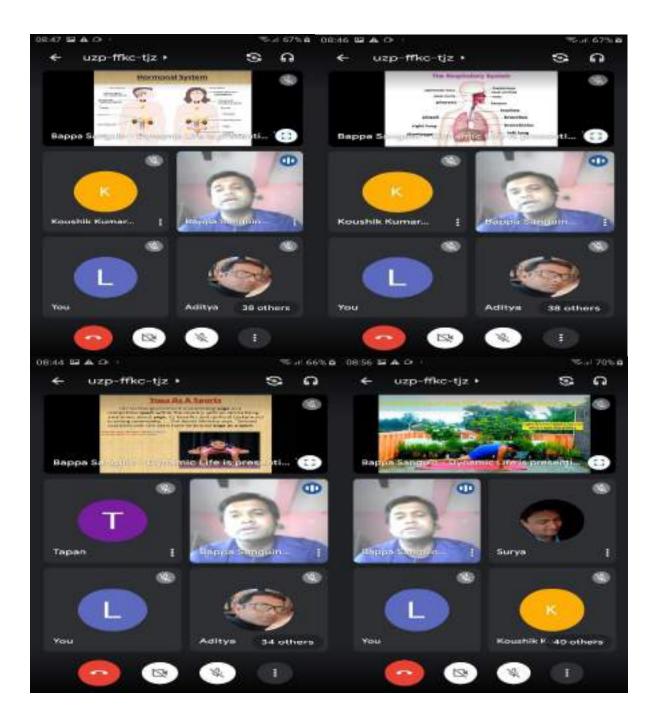


#### **Report on Webinar on Celebration of International Yoga Day**



#### **Report on Webinar on Celebration of International Yoga Day**

We, the NSS department of Suri Vidyasagar College celebrated the International Day of Yoga on 21<sup>st</sup> June, 2021. The programme was comprised with the discussion of importance of Yoga and the practicing different forms of Yoga.We are sending the poster of webinar which contains the links of the programme. Approx 50 (fifty) individuals including NSS volunteers, students and teachers, participated in this programme. Some screen shots of this programme which are taken sending through the attachment file. The entire video of this programme was linked with the YouTube live streaming. You can see the video by clicking the link in any time. The link of the YouTube live streaming is given on the poster of webinar. Yet, the link of the YouTube live streaming is given, follows https://youtu.be/Vx\_pLWK0XpM.



#### **REPORT ON STUDENT COVID VACCINATION CAMP**

#### **COVID-19 Vaccination Drive at Suri Vidyasagar College**

A COVID-19 vaccination camp for the college students was organized at the Suri Vidyasagar College on 28<sup>th</sup>and 29<sup>th</sup>September, 2021 from 9 a.m. onwards. Health and Family Welfare Department, Govt. of West Bengal and Higher Education Department, Govt. of West Bengal took the initiative to conduct the vaccination drive at the college campus. The College made all the necessary arrangements for this vaccination drive to be carried out smoothly,

following COVID-19 protocols and social distancing norms. The students, above 18 years of age whose either 1st dose or 2nd dose is due on the stipulated date were vaccinated. Every student is requested to carry their original Aadhar card and a photocopy.Over 52 students above the age of eighteen were vaccinated on the campus. Out of 52 students, 49 studentsreceived their 1<sup>st</sup> dose of Covid vaccinationshot and the rest 7 students received their 2nd dose of Covid vaccination shot. With this vaccination drive on campus, the college hopes to make the lives of students more protected from the COVID-19 virus.



#### **Blood donation Camp**

A voluntary blood donation camp was organized by NSS, Suri Vidyasagar College on 26/09/2022 at Suri Vidyasagar College Campus.





on the occasion of 203th Birth Anniversary of 14. Ishwar chantran Organized by: NSS (Unit-I, II, III) On 26th September 2022 To the say donois have donates wheed. Forty 26/09/202 fanich Taban Kr. Dr. Signature with other details of dignitaries & visitors Designation with deal Contact No. Remarks. <sup>31</sup>NI Name/Signature Cher Arided Winge Tencher 700 38039 52 Rept. of chemistry, sec 9003803955 Johan' Sinha 9434324654 Hessociate Prof in Hitty Bredta Chaprobart 2 Konthe Ka. An. Port. Con-wai 997610903 Sood work . b.M On 78 Ome Asso. Porf Adam 9424614184 4 menjand Assistant Porf. Phys Sanjib Mondal 9733886778 5 Tanmay Mandal Asciebut Porf of PP Running Good. 6 9474533476 7 Suist Biewas. dectioner (zoology) 9073862350 Gwood annangement Aset Avof (cco. 8 kacest to war 8637332824 9 Nuper Paul 9434499157 SACT Subrata gupta Associate Porst. 16 7001468887 8927189312 Nasionud din misha 11 Portha Mal 7583922193 12 Kizanpayat 18327-1496 13 14 1St Sem 8710042569 Bili Santar 8331373403 15 Baishakhi matana 4 St Sem B . Con ASS 00 73527896 16 Subhanis Bo 8509289181 1st sem 17 Bishny ChapAn Bagai 8597875280 18 SK Ingaman 1st sen 19 Sudormendal 1st sem 9641707418 this was Sunt Asst. Frat. Tradig Ke. Sarkar 7708876449

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## **HIV-AIDS awareness Programme**

An awareness programme on HIV-AIDS was organized by N.S.S., Suri Vidyasagar College, Suri, Birbhum, West Bengal and funded by Red Ribbon Club on 01/12/2022 at Suri Vidyasagar College Campus. It was a one day programme of Seminar on AIDS, poster competition and Quiz on AIDS. N.S.S. Volunteers, Teaching and Non teaching Staff and students of our College participated in the seminar. N.S.S. Volunteers along with students of our College take part in quiz competition and poster making competition. Prize and Certificates were given to the winners.



EVENT:	AN AWARENESS PROGRAMME ON
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9.	Sujoy Pas	Associat Professor	9434946924.	
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## **Blood group detection camp**

Health Check-Up and Blood Group Detection Camp was organized by NSS, Suri Vidyasagar College on 22/12/2022 in Collaboration with SRP Diagnostic Centre , Suri , Birbhum





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